

## How Can I Get a VQ OrthoCare OrthoStim4™ or SurgiStim4™?

Talk to your doctor about your pain and ask if an OrthoStim4™ or SurgiStim4™ is right for you (note, the SurgiStim4™ is designed to provide immediate pain relief following surgery).

### Benefits of the OrthoStim4™ and SurgiStim4™ Non-Invasive Neuromodulation Devices

- Non-narcotic, non-invasive treatment
- Enhanced pain relief
- Potentially reduces need for pain medications
- Promotes reduced recovery time and positive outcomes
- Treatment at your convenience
- Treatment information reported to physician to provide optimal treatment regimen

### Personalized Instruction

Once your doctor has prescribed an OrthoStim4™ or SurgiStim4™ neuromodulation device, a VQ OrthoCare representative will follow up with you for delivery and instruction.

### Personalized Care

For general questions about your OrthoStim4™ or SurgiStim4™, VQ OrthoCare's Patient Care department can be reached at 800.452.7993 Monday through Friday, 7:00 am to 7:00 pm Pacific Standard Time.

### Insurance Verification

Insurance coverage for these products may vary. VQ OrthoCare will verify your coverage or case eligibility, and bill your insurance company on your behalf if you have coverage. Call 800.266.6969 for more information.



Don't let  
**PAIN**  
limit your  
daily activities



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“Pain is common, affecting more than 86 million Americans.”

American Pain Foundation

## What Causes Pain?

Pain can be caused by many different conditions, including an injury, surgery or trauma, by the swelling or muscle spasms that follow these injuries, or by the inflammation of chronic conditions such as arthritis or back ailments. The pain associated with these conditions can range from mild to debilitating.

## What are the Consequences of Pain?

Pain can seriously impair the ability to work, attend school, or participate in daily activities. It can also result in depression, anxiety, a lack of sleep, and put a strain on your relationships with family, friends, and others.

## What are My Treatment Options?

Chronic pain is generally treated with medication, starting with mild, over-the-counter pain relievers such as Motrin®, progressing to opioid-based, prescription pain relievers such as Vicodin® or codeine, and finally to stronger opioids such as morphine or Oxycontin®.

Many of these medications are prescribed in conjunction with other drugs often just to prevent or reduce their side-effects. It is not unusual for 8-12 medications to be prescribed for a single patient.



“Chronic pain is the leading cause of long-term disability in the US workforce.”

National Pharmaceutical Council

Many of these medications have serious side-effects including damage to the heart, liver, kidneys, and GI tract.

Concerns with pain medications include harmful interaction with other medications, potential for addiction, medication errors, and the growing incidence of drug abuse and diversion to the black market.

Other treatment options include minor, invasive, procedures such as injectable nerve blocks and steroid injections.

## Is there a Non-Pharmacological, Non-Invasive Option to Help Treat my Pain?

Yes, there is a treatment choice known as neuromodulation that can help you to manage your pain. Neuromodulation is the process by which nerves in the body are altered (either inhibited or stimulated) by electrical means. This results in the reduction of pain, increased circulation, and enhanced healing. Many neuromodulation devices are permanently surgically implanted into the body. But, the OrthoStim4 and SurgiStim4 provide these same benefits non-invasively by using electrodes applied on the skin.

### OrthoStim4™ and SurgiStim4™

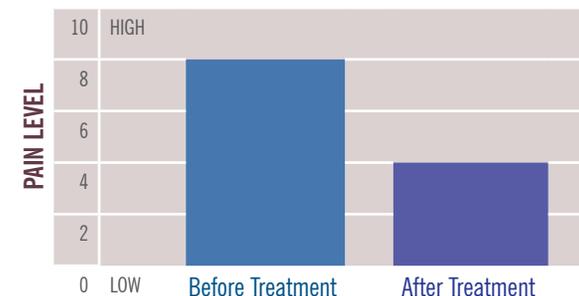
VQ OrthoCare manufactures two non-invasive, non-addictive neuromodulation devices, the OrthoStim4™ and the SurgiStim4™, which provide treatment for pain, spasms, swelling, muscle weakness, lack of circulation, and compromised range of motion. These neuromodulation devices are specifically programmed to target the needs of your injury or condition.



### Reduction in Medications

In addition to helping to manage pain, many patients report that neuromodulation significantly reduces their pain medication usage and dosage, as well as recovery time and costs.

14,000 VQ OrthoCare patients\*  
contacted for follow-up reported an average  
**50% decrease in pain**  
following non-invasive neuromodulation treatment.



\*Data on file at VQ OrthoCare

## Patient Control of Therapy

Unlike medication, which may cloud your thinking, non-invasive neuromodulation enables you to pro-actively participate in your therapy, and to administer it at your convenience. The OrthoStim4™ and SurgiStim4™ are light-weight and portable, can be used with batteries or AC adapter, and can be used while sleeping.



“I was in a motorcycle accident and solely relying on prescription pain relievers to manage the pain from a broken shoulder and leg. My doctor prescribed an OrthoStim device. Once I began using it, I was very excited to be able to reduce my intake of pain medication. Thank you for informing me about the benefits of this product.”

Bill, Yorba Linda, CA