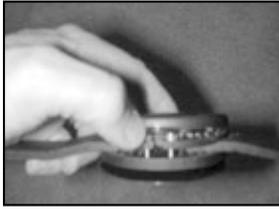


RANGE OF MOTION (ROM) HINGE

STEP 1.

Remove both hinge caps by pulling up on small tab.



STEP 2.

Set both extension pins set at same degree.



STEP 3.

Set both flexion pins at same degree.

STEP 4.

Repeat procedure on opposite hinge. Be sure all extension and flexion pins are set at same degree as first hinge.

STEP 5.

Replace both hinge caps.

CARE AND MAINTENANCE

Salt water, sand, dirt and other elements can cause damage. Thoroughly rinse brace with fresh water after exposure to these conditions. Towel or air-dry.

Liners should be removed and hand-washed as needed using cold water and mild detergent.

Rinse thoroughly and air-dry (do not machine-dry.)

Lubricate hinges with dry silicone spray as needed.

Indications

- Post-knee surgery or post-trauma
- Conservative management of isolated ligament injury requiring controlled range of motion

WARNINGS

If you experience pain, swelling, sensation changes, or unusual reactions while using this product, contact VQ OrthoCare's Patient Care department at 800.452.7993 or consult a physician.

For single-patient use only.

NOTICE: While every effort has been made using state-of-the-art techniques to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. There is no guarantee that injury will be prevented through use of this device.

CAUTION: Applicable federal, state, and/or local regulations may restrict this device to sale by or on the order of a practitioner licensed by law of the State in which he/she practices to use or order the use of this device.

WARRANTY: VQ OrthoCare warranties all its products from the original date of purchase against defects in materials and workmanship. Normal wear and tear during use of a product is not considered a defect. Contact VQ OrthoCare at 800.266.6969 for specific product warranty information.

Instructions for Use

Complite™ and Coolite™

Postsurgical Knee Brace



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US Patented 7,850,632
EP 1861051

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VQ361317REVA



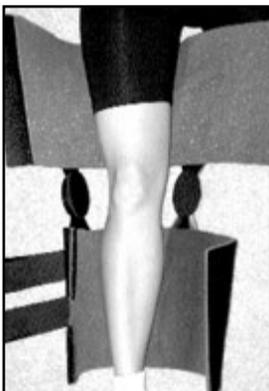
COMPLITE AND COOLITE APPLICATION INSTRUCTIONS

NOTE: These instructions assume that an orthopedic professional has already completed an initial fitting of this brace to your leg, and that strap lengths have been adjusted as needed. If not, please contact your orthotic provider.

REMOVING AND REAPPLYING

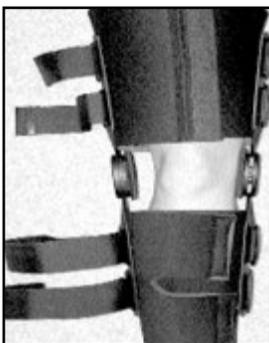
STEP 1.

To remove, release straps and open wrap closures.



STEP 2.

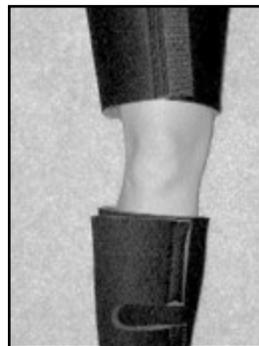
To reapply, place wraps around leg with hinge centers aligned with kneecap. Close leg wraps in front. Fasten bottom strap first and continue fastening straps upward.



PROVIDER APPLICATION INSTRUCTIONS

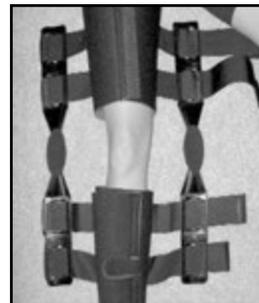
STEP 1.

Unfasten hook-and-loop straps. Remove wraps.



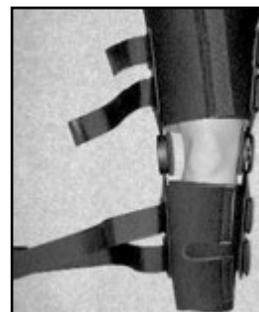
STEP 2.

Apply leg wraps around leg. Position closures at front. Wraps can be trimmed if necessary.



STEP 3.

Position leg between uprights as shown.



STEP 4.

Apply uprights medially (inside) and laterally (outside). Align hinges with center of kneecap.



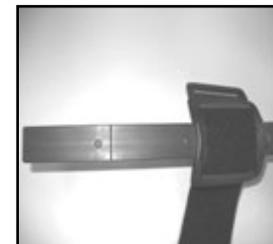
STEP 5.

Fasten distal (bottom) strap first and continue fastening straps upward. Brace should be comfortable. Do not overtighten straps.

ADJUSTING HINGE-ARM LENGTH

STEP 1.

Hinge arms are prescored for easy shortening if needed.



STEP 2.

Slide strap attachments down hinge arm to remove.



STEP 3.

Carefully bend hinge arm at prescored tab until excess length is removed.



STEP 4.

Replace strap attachment cap.

